

*Alta View*  
*Sports Medicine*

**PATIENT INFORMATION**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you:  Right-handed  Left-handed Sex: \_\_\_\_\_ Your Age: \_\_\_\_\_

**HISTORY OF CURRENT PROBLEM**

**Chief Complaint** - What is the reason for today's visit? Please Describe.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**If Injured** - Describe briefly how you were injured. Date of Injury \_\_\_\_\_  at work?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**If Not Injured** - Approximately when did your symptoms first appear?

\_\_\_\_\_

**HEALTH HABITS**

**Health Habits** - check which substances you use and describe how much you use.

- Caffeine: How much \_\_\_\_\_ Yrs \_\_\_\_\_  Drugs: How much \_\_\_\_\_ Yrs \_\_\_\_\_  
 Alcohol: How much \_\_\_\_\_ Yrs \_\_\_\_\_  Tobacco: How much \_\_\_\_\_ Yrs \_\_\_\_\_  
 Marijuana: How much \_\_\_\_\_ Yrs \_\_\_\_\_  Vitamins or Supplements: How much \_\_\_\_\_ Yrs \_\_\_\_\_

**Occupational**

Your Occupation \_\_\_\_\_

**MEDICATIONS**

**NONE**

List prescription and non-prescription medications you are currently taking

Medication \_\_\_\_\_ Dose per pill \_\_\_\_\_ Frequency \_\_\_\_\_

Medication \_\_\_\_\_ Dose per pill \_\_\_\_\_ Frequency \_\_\_\_\_

Medication \_\_\_\_\_ Dose per pill \_\_\_\_\_ Frequency \_\_\_\_\_

Medication \_\_\_\_\_ Dose per pill \_\_\_\_\_ Frequency \_\_\_\_\_

**ALLERGIES**

**NONE**

List any allergies and your reaction to medicine and/or other substances

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# MEDICAL HISTORY - All information is strictly confidential

Please check any of the following that apply and describe at the bottom

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Polio                |
| <input type="checkbox"/> Asthma   | <input type="checkbox"/> High cholesterol          | <input type="checkbox"/> Prostate problem     |
| <input type="checkbox"/> Bleeding disorders   | <input type="checkbox"/> High/low blood pressure   | <input type="checkbox"/> Rheumatic fever      |
| <input type="checkbox"/> Blood clots  | <input type="checkbox"/> HIV positive              | <input type="checkbox"/> Scars                |
| <input type="checkbox"/> Cancer   | <input type="checkbox"/> Hives                     | <input type="checkbox"/> Sore that won't heal |
| <input type="checkbox"/> Change in moles  | <input type="checkbox"/> Irregular/rapid heartbeat | <input type="checkbox"/> Stomach acid reflux  |
| <input type="checkbox"/> Chest pain   | <input type="checkbox"/> Itching/rash              | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Diabetes <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 | <input type="checkbox"/> Kidney disease            | <input type="checkbox"/> Thyroid problems     |
| <input type="checkbox"/> Emphysema  | <input type="checkbox"/> Liver disease             | <input type="checkbox"/> Ulcers               |
| <input type="checkbox"/> Pulmonary embolism   | <input type="checkbox"/> Migraine headaches        | <input type="checkbox"/> Varicose veins       |
| <input type="checkbox"/> Epilepsy   | <input type="checkbox"/> Multiple sclerosis        | <input type="checkbox"/> Other _____          |
| <input type="checkbox"/> Glaucoma   | <input type="checkbox"/> Pacemaker                 | _____   |
| <input type="checkbox"/> Heart disease  | <input type="checkbox"/> Pneumonia                 | _____   |

Please explain any items that are marked unless self explanatory \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## SURGICAL HISTORY

**NONE**

Procedure	Year	Facility
_____	_____	_____
_____	_____	_____
_____	_____	_____

Describe any adverse reactions to past surgeries: \_\_\_\_\_  
\_\_\_\_\_

## FOR OFFICE USE ONLY; PATIENT PLEASE LEAVE BLANK

Weight \_\_\_\_\_ Height \_\_\_\_\_ Blood pressure \_\_\_\_\_ Pulse \_\_\_\_\_

## SIGNATURES

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor any members of his/her staff responsible for my errors or omissions that I may have made in the completion of this form.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed by \_\_\_\_\_ Date \_\_\_\_\_